

## Recovery Colleges Characterisation and Testing 2 (RECOLLECT 2): Study 1.

### Study Summary

RECOLLECT 2 is a five-year programme of work to better understand Recovery Colleges in England. As they are rapidly expanding, we want to explore how Recovery Colleges might benefit those that use them by exploring the impact of Recovery Colleges on student outcomes. This project has been approved by North West - Greater Manchester West Research Ethics Committee [REC Ref 22/NW/0091 / IRAS ID: 303212

### Can I take part?

You can take part in RECOLLECT 2 if you:

- have recently enrolled at a Recovery College participating in RECOLLECT 2 (have attended no more than one introductory Recovery College course or workshop)
- are aged 18 or over.
- are accessing, accepted by but are waiting to access, or discharged within the last 12 months from local secondary or tertiary NHS mental health services (e.g., a community mental health team, assertive outreach team, outpatient clinic)

### What does taking part involve?

Taking part involves completing a set of questionnaires at four different time periods over a year; when you first join the Recovery College, then 4, 8 and 12 months afterwards. You can complete the questionnaires either on paper, online, over the phone, via video call or you can be sent a copy by post.

The questionnaire should take about an hour to complete. You don't have to complete them all in one go. A member of the research team can walk you through the questionnaires and will give you options on how to complete them.

We will also ask you if you would like to agree for us to see your medical records. **You can say no and still take part in RECOLLECT 2.**

### How is my participation recognised?

We provide £15 for each questionnaire you complete (total £60 for all 4 timepoints).

If you have any questions or would like to be involved, you can complete the expression of interest form  
<https://kings.onlinesurveys.ac.uk/expression-of-interest-form-2>



You can also email us at [RECOLLECT@kcl.ac.uk](mailto:RECOLLECT@kcl.ac.uk) or talk to a member of staff at your Recovery College. Scan the link below to watch a video about the study.

