

# North Cumbria Recovery College

## Courses in Allerdale

**October 2023**

**@16 Jane Street, Workington,  
CA14 3BB**

**Monday 2nd, 9th, 16th, 23rd October**

**@16 Jane Street, Workington, CA14 3BB**

**Coffee and drop in 10:00 am - 11:00 am**

**Wednesday 4th, 11th, 18th, 25th October**

**@16 Jane Street, Workington, CA14 3BB**

**Women's Group 10:00am - 11:00am**

**For More information:**



[www.togetherwe.uk/recovery-college](http://www.togetherwe.uk/recovery-college)



[hello@ncrecoverycollege.org](mailto:hello@ncrecoverycollege.org)



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